Introduction to Personal Safety for Lone Workers

Every day, thousands of people are exposed to situations where they are left alone in work premises, or when visiting members of the public during their working day.

There are many risks associated with working in isolation and without the support of colleagues, including accidents and violence.

This course acts as an introduction to personal safety for lone workers and applies to those that work alone within business premises, mobile workers and homeworkers.

It covers the legal responsibilities of both employers and employees, some of the common security precautions that can be implemented, practical steps you can take to avoid conflict in lone worker situations and other elements that can contribute to lone worker safety.

Course	Module Number	Module Name	Pass % Required
Introduction to Personal Safety for Lone Workers	1	Lone Worker Personal Safety: The Basics	70
Introduction to Personal Safety for Lone Workers	2	The Law: Responsibilities	70
Introduction to Personal Safety for Lone Workers	3	Assessing the Risks	70
Introduction to Personal Safety for Lone Workers	4	Personal Safety Solutions	70
Introduction to Personal Safety for Lone Workers	5	Practical Tips to Avoid Conflict	70
Introduction to Personal Safety for Lone Workers	6	Reporting and Recording Incidents	70

Recommended System Requirements
• **Operating System:** Windows 7+ Mac OSX (10.6)+
• **Browser:** Up to date web browser
• **Video:** Up to date video drivers
• **Memory:** 1Gb+ RAM
• **Additional Software:** Flash Player 10+
• **Download Speed:** Broadband (3Mb+)

Duration: 45 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).